



Description of services

\$44.95 per month for the entire household!



THE INSURANCE EXCHANGE

AMERICAN
SOCIETY OF
INTERIOR
DESIGNERS



Telemedicine

CALL OR VIDEO CERTIFIED
BOARD PHYSICIANS 24/7
FOR FREE (NO CO-PAY)



Description:

Licensed Doctors are available for consultation by phone or video 24/7/365 in all 50 states. Doctors write prescriptions, order lab work, and can help manage chronic care. Our doctors provide exceptional patient services and experiences, often replacing a patient's need for an office visit, and thereby helping to reduce healthcare costs. Calling our doctors satisfies quarterly requirements for the Inspired wellness plan.

How it Works:

Upon signing up, members will receive a e-mail with a member ID and the doctor phone number. Members can also download our award-winning amwell app.

- Call/video our doctors when needed 24/7 with member ID or Service Key.

10 Top Reasons to Call our Doctors

- Sinus Infection
- Common Cold
- Bronchitis
- Urinary Tract Infection
- Sore Throat
- Conjunctivitis (Pink Eye)
- Upset stomach
- Flu
- Allergies
- Rash

“ I couldn't believe how comforting my experience was with the doctor. The 'soft skills' of the doctor and their eagerness to help was impressive. I called on my lunch break and picked up my prescription after work. My experience was efficient and effective! - Ryan •Rochester, NY.

24/7 Nurse

CALL OR CHAT REGISTERED NURSES



Description:

84% of people don't know the most appropriate care level for their symptoms. Calling our Nurse coaches for advice assists members in getting the most appropriate level of care, resulting in a savings of both time and money and often avoiding a visit to the doctor, urgent care or ER entirely. We support English, Spanish and 150 other languages 24/7/365. Calling our nurses satisfies quarterly requirements for the Inspired wellness plan.

How it Works:

Upon signing up, members will receive a e-mail with a member ID and the nurses phone number.

- Call our nurses when needed 24/7 with member ID.

Examples:

"My baby keeps rubbing her ear and crying. She feels so hot, and I'm getting worried."

"I was stung by a bee. How should I pull the stinger out?"

"I get one cold after another. What can I do to prevent this?"

"I've just been told my child has asthma. Will he be able to run and play like other kids?"

"The doctor says I have prostate cancer. Tell me what to expect."

"I have pain in my lower back. What causes it, and what can be done about it?"

“ I used enhancedcareMD’s Nurse Coach to help me decide what I should do for my daughter who had a fever, body aches and sore throat. The RN spoke with my daughter and myself and confirmed it was viral. This saved me the cost of the Doctor visit as well as the couple of hours of time. The best news was my daughter was feeling better the next day.- Sharon Boston, MA

Insurance Resources

FULL SERVICE INSURANCE MARKETPLACE
TO SHOP FOR THE MOST AFFORDABLE
PLANS



Description:

Many of us are still learning about Affordable Care Act requirements. Use our members only marketplace to apply for ACA coverage. Our dedicated brokers assist you to shop, compare and easily determine if you qualify for a tax credit subsidy, lowering your monthly costs.

How it Works:

Sign into your enhancedcareMD Dashboard and locate the health insurance "shop now button"

- Call our brokers 9-7 CST

Situations we help with:

Tax credit subsidy : Dollar amount the government contributes to your monthly premium which lowers your insurance payments. Based on total household income.

Open-Enrollment: If not covered through employer, all individuals must purchase health insurance during the time period Nov1st-Jan 31st. Outside of

Premium : The amount you pay for your insurance, usually paid on a monthly basis. Premiums are sometimes referred to as a "fixed cost" because the the amount stays the same, regardless of how you use your insurance.

Deductible: A specified amount that you agree pay to each year before your insurance covers the remaining costs for that year.

Co-insurance: The percentage of payment you are expected to cover out of the total cost of a service.

Co-pay: The amount you pay for a particular service, usually for prescription drugs or a visit to the doctor.

“Amazing service, my family gets therapy sessions done much easier, at our convenience. And no more waiting rooms, couldn't be happier!
Daniel G, West Orange, NJ

Medical Discounts

NETWORK PROVIDERS AT DISCOUNT RATES, A NON INSURANCE SOLUTION



Description:

Our discount network can act as an alternative to dental or vision insurance because savings are just that good. We don't stop there, we also have resources to help you save up to 50% on hearing aids, alternative medicine, health clinics, specialists and other health related products and services. Advocates are available to help you locate professionals in your area; find the doctor, specialist, dentist that's right for you.

How it Works:

Upon signing up, members will log in to select a discount program of their choice at no additional cost

- Bring member card to a participating provider at time of use

Dental Savings Example

| | Average* | Member Price* | Savings |
|------------------------------|----------|---------------|---------|
| Oral Exam | \$87 | \$30 | 66% |
| Full Mouth X-Ray | \$141 | \$76 | 47% |
| Filling (amalgam,1 surface) | \$147 | \$80 | 46% |
| Simple Extraction | \$184 | \$83 | 55% |
| Complete Dentures | \$1850 | \$901 | 52% |
| Braces | \$5546 | \$3508 | 37% |

Vision Savings Example

| | Average* | Member Price* | Savings |
|----------------------|----------|---------------|----------|
| Ophthalmologist Exam | \$225 | \$157.50 | \$67.50 |
| Designer Frames | \$200 | \$72.72 | \$127.28 |
| Single Vision Lens | \$170 | \$110.50 | \$59.50 |

“ I had an appointment with my dentist in June, and when I received my bill, I was in shock! It said the UCR (Usual, Customary & Reasonable fee) is \$1,378, Billed amount \$648. That is a \$730 savings for me!” - Denesia Harvey

RX Savings

EXCLUSIVE PRESCRIPTION DISCOUNTS



Description:

Members can use our discount card from 57,000 other pharmacies nationwide. Our plans help those who are uninsured, underinsured, or whose insurance doesn't cover all prescription medications to obtain significant savings on their prescription medications.

How it Works:

Members can look up Rx pricing in their member dashboard as well as download their Rx discount card for use.

- Bring RX card to a pharmacy in network at time of use.

Examples:

| Drug | enhancedcareMD | Others | \$saved (%) |
|----------------------------|----------------|---------|-----------------|
| Amoxicillin - antibiotic | \$4.76 | \$9.76 | \$5.00 (51.2%) |
| Zoloft - generic | \$44.00 | \$82.00 | \$38.00 (46.3%) |
| Lisinopril - hypertension | \$3.30 | \$11.40 | \$8.11 (71.1%) |
| Z - Pack - antibiotic pack | \$10.40 | \$29.08 | \$18.68 (64.2%) |

“ I cannot begin to say how pleased that I have been with Enhanced Care MD. I was able to get a 90-day supply of my blood pressure medication for only \$10. I am so pleased with this discount service. Ira-Waxahachie, TX

Alternative Medicine

ECPATHWAYS.COM IS AN INTERACTIVE
ALTERNATIVE HEALTH WEBSITE



Description:

Learn how to eat healthy, sleep better and manage stress with different techniques. Ecpathways is informative. The more educated you are about your health, the better lifestyle decisions you make, the less health care dollars you spend.

How it Works:

Members can reach ecpathways from their member dashboard

- Sign into ecpathways.com whenever, wherever.

Examples:

For research or tips, review General Health, Emotional Well Being and Mind-body connection. If you're ready to start your journey of self-discovery, check out Spiritual Development and Self-Coaching. Everything is connected, so always go where you are drawn to first.

This helpful and growing site is already part of the enhancedcareMD membership.

“The services available in ecpathways is priceless, especially the breathing exercise audio and meditation segment. Thanks ecpathways!

Tanya- Columbia, SC